



# A STEP CLOSER

## AN INVITATION TO TRULY BE YOURSELF

In this intimate course you will gain practical tools of shedding emotional patterns that hinder you in your daily life.

You will learn to navigate through your own emotional and mental terrain, and connect again with the naturally occurring peace, freedom, happiness and love that resides beneath your conditioned mind.

This course will give you a practical foundation to find inner freedom and authenticity.

### YOUR TEACHER

I AM GAL MOR. I AM AN ACUPUNCTURIST AND ALEXANDER TECHNIQUE TEACHER. ONE OF MY JOYS AS A PRACTITIONER IS TO SEE MY CLIENTS ALIGN WITH THEIR INNATE QUALITIES OF FREEDOM, AUTHENTICITY, KINDNESS, PEACE AND JOY. I LOOK FORWARD TO SHARE WITH YOU PRACTICAL PROCESSES AND INSIGHTS THAT WILL HELP YOU FIND THESE QUALITIES IN YOUR DAILY LIFE.

**WHERE: WORLD OF WELLBEING 16 WILBOW ST. PHILLIP**

**WHEN: TUESDAYS 6:30PM MAY 10TH,17TH,24TH,31ST, JUNE 7TH**

**FEE: \$350 (OR \$310 EARLY BIRD BEFORE APRIL 15TH)**

**PLACES ARE LIMITED. TO BOOK EMAIL [INFO@WORLDOFWELLBEING.COM.AU](mailto:INFO@WORLDOFWELLBEING.COM.AU)**

**OR CALL WORLD OF WELLBEING ON 02 6260 4774**

